



## Time management

## Effective shift scheduling in care work

The Vivago solution enables monitoring of customers' wellbeing in real-time.

- Improved forecasting of caregiver needs
- · More efficient shift scheduling
- Optimisation of night-time resources

### Balancing nurses' workloads

Real-time wellbeing information allows nurses to better prioritise their tasks and avoid unnecessary care visits. This reduces their workload and enables more efficient work organisation.

## **Reducing unnecessary routines**

The Vivago solution automates administrative tasks, such as reporting and data collection, freeing nurses' time for actual care.



# From reactive to proactive care

#### **Preventive care**

With the Vivago solution, changes in customers' wellbeing can be detected at an early stage. Proactive measures reduce the need for acute care.

#### A snapshot of customers' wellbeing

Nurses have access to up-to-date information on customers' wellbeing status, improving safety and the quality of care.



# Data-driven management

## **Cost savings:**

- Reduction in acute care situations
- Optimal care resourcing

### Case example from Finland: <u>Transfering one nurse from night care</u>

• Annual savings of €120,000\*\* can be achieved.

Vivago technology recognises the customer's sleep and wake rhythm, eliminating the need for traditional, regular nightly rotations. This enables night-time care to be reorganised on a customer-oriented basis, allowing for more efficient use of resources at night. The change can result in savings of up to €230\* per night in salary costs alone.

- \* Calculated based on the average salary of a practical nurse under the Finnish Private Social Services Collective Agreement.
- \*\* Including employer-related expenses in Finland.